

**Long Valley Junior Women's Club**  
**"Good Deed Challenge"**  
**Essay Contest**  
**2010**

Imagine you were given \$100 to make a good thing happen. What would you do? Whom would you help? How? Why? Think beyond volunteering at the local food bank, or sending money to a worthy organization. How can you *personally* make a difference and give your time and energy to help others?

The Long Valley Junior Women's Club is all about giving back to our community and so we challenge all middle school students, grades 6, 7, and 8 to have a dream for someone else and make it a reality. Write a short essay on what **you** would do to make a good deed *really* happen. If your essay is chosen, you will receive \$100 from the Long Valley Junior Women's Club to make your good deed come true.

**In your essay be sure to explain**

- Who you would help, and why?
- How would \$100 help you to make a difference?
- Why do you want to do this good deed?
- What action you would take to get involved to make it happen?
- What kind of help from others would you need?
- Why do you want to win?
- If you won, how would you feel?

**These are just some of the ways the Long Valley Junior Women's Club gives back to our community:**

Care packages for the Department of Public Works  
Community blood drives  
Serving lunch to the seniors of our local towns

Thanksgiving baskets to the local food bank  
High school scholarships  
Fall coat collections for the needy

*As you write your essay, consider how the people of our community will benefit from your good deed.*

### **Are you up for the challenge?**

**Rules and restrictions apply:** All decisions of the judges are final. Essays suggesting donating to online charities will be eliminated. The focus of the contest is on the written essay, the originality of the good deed, and its feasibility. The award money must be used solely toward completing the good deed mentioned in the winning essay. Winners must agree to complete the good deed within 3 months of the money being awarded otherwise a runner up will be selected. The Long Valley Junior Women's Club must know *all details* regarding how the good deed will be carried out to completion. Winners must agree to have their photo taken for newspapers as the Long Valley Junior Women's Club reserves the right to all photo opportunities of this event for newspaper articles and club promotion.

**All entries must be submitted to your Language Arts Teacher by Friday, March 5, 2010**